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MediAware

Empowering Youth in the Digital World

International youth exchange

**14th - 23rd of July 2016,
Poggio Mirteto, Rieti, Italy**





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Dear Friends,
we are glad to invite You to our intercultural exchange

MediAware

Empowering Youth in the Digital World

organised by YMCA Parthenope ONLUS,
financed by the ERASMUS+ Programme.

We invite you to live this **creative** adventure with us!

The 10 days long program will take place in Poggio Mirteto, a
lovely city close to Rome, Italy.

In this letter You will find all you need to know about its
goals, programme and information about the practical
arrangements.

We will gladly answer all your questions!





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What We do:

The aim of MediAware: Empowering Youth in the Digital World is to give participants the competences to use media at their full potential and at the same time to protect themselves from online threats. This Youth Exchange will involve 36 people including those with physical, sensorial or light mental disabilities and those who do not have disabilities but live closely to the world of disability (friends, family, colleagues, social workers, etc.).

The project will also focus on the use of audiovisual tools. Participants will first learn the basic aspects of photography and video-making in order to create products which will express their sensitivity and perception of the world. The participants will have the chance to experience different roles: photographers, actors, directors, cameramen. This experience will enable them to engage with the others by sharing their own ideas and competences in a way to develop a more critical approach and actively participate in social life creating audiovisual messages and information for web. Once the group has developed a basic understanding of how media content is constructed, we turn their attention toward potential dangers planted in such content. During the programme, we are going to address the issues of gender stereotypes, body image, cyber-bullying and online security. These topics won't only be discussed by the group, but through media awareness-related activities, we are going to invent and explore possible ways to avoid and/or solve such issues. Besides this topic we'll also work on our team-work, cultural awareness and sense of initiative.





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MediAware is a 10 days long Youth Exchange & we can say that...

“The program develops life skills while working & creating together”

“We will share basic knowledge about photo and video making”

“It’s about learning how to protect ourselves and others while using media”

“It’s a space where you make friends with people from different countries”

“There’ll be opportunities to learn how to work in an international team!”

How We do it:

The program of the youth exchanges contains several different elements – which provides the variety during the 10 days.

As it was mentioned above the program uses the method of „learning by experience”, which is a non-formal learning method.

The focus is on getting new experiences first and reflecting on it after all. In the beginning of the program there will be team building activities as participants are going to work together for 10 days.





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Then there will be some lectures on photo shooting and video making. We will get to know each other by playing together & organize workshops and outdoor activities.

And, as the highlight and main topic of the programme, we are going to learn and develop techniques, which can help us recognize and avoid online threats.

The other important element of the program is the connection with the locals. We are going to use workshop and public screenings to make connections between the international group and the locals.

Check out the videos of our Youtube **channel!**

When?

Dates of the exchange: 14th-23rd July 2016.

The dates of the program for participants are the followings:

Arrival	untill 20.00	14/07/2016
The Program Starts	20:00	14/07/2016
The Program Ends	11:00	23/07/2016
Departure	after 11:00	23/07/2016

There will be an Advanced Planning Visit only for one group leader and one participant from the 15th until the 17th April 2016.





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We ask you to arrive on the date given above to the accommodation,

„Tenuta Sant'Antonio“

Via Formello, Poggio Mirteto Scalo (RI), Italy

Check out the place here: <http://www.tenuta-santantonio.it/>

Let us know if you come 1-2 days earlier, or leave later, we can help you to find cheap hostels in Rome.

We expect you to participate in the whole program : meaning that to arrive later or leave earlier is not allowed!

For who?

Organizations involved:

YMCA Parthenope	Italy	Luca Paolisso luca.paolisso@gmail.com
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COPE Foundation	Ireland	Michael Barrett barrettm@cope-foundation.ie
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creACTIVE	Rep. of Macedonia	Dragan Markoski markoski@kreativ.mk
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Fundacja TAK	Poland	Dorota Adamska adamskadorota@wp.pl
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Magonc Alapitvany	Hungary	Milan Stiglincz stiglincz.milan@gmail.com
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Be International	Czech Republic	Veronika Sikova projects@beinternational.cz
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Participants

4 participants and 2 group leaders are invited to the program from each country. Participants can be between 14-19 years old, while there is no age limit for group leaders.

You do not need to have any specific previous experience. If you would like to create something new, challenge yourself in an international group and be part of the adventure, join us!

Assistance will be provided to participants with disabilities.



Facilitators

Luca Paolisso is going to lead the program with a group of experienced assistants as a support team. Group leaders from each country are going to form the team of assistants who are also experienced in organizing youth programs, holding workshops, leading groups.





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Where?

Accommodation

The exchange will take place in Poggio Mirteto Scalo, Italy.

Accommodation will be the hosting centre: Tenuta Sant'Antonio

(<http://www.tenuta-santantonio.it/>).



In the accommodation each bedroom will have 5-6 beds. There are several common showers. The structure is ready to host participants with disabilities. There will be one room with internet connection.

There is no washing machine. The centre of the small village is 5 minutes walk from the accommodation.



Ymca Parthenope
Onlus



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How to get there?

Please buy your ticket **ONLY** after you get the confirmation letter from us!

We strongly advice you to take a plane which lands in Rome on July the 14th 2016 at the latest at 17:00. Arrange your trip to arrive in time on the arrival day!

In Rome there are two airports:

- 1) Roma Fiumicino „Leonardo da Vinci“ and
- 2) Roma Ciampino „GB Pastine“ .



1) From Roma Fiumicino airport you can take the train directly to Poggio Mirteto train station and reach it in 90 minutes.

ATTENTION: the last train from the airport leaves at 21:12.

- From Roma Ciampino airport it is different. Please take the coach outside the airport to Roma Termini train station (it is a 45 minutes trip approx.) and from there take the metro to Roma Tiburtina and then the train to Poggio Mirteto Scalo.

ATTENTION: the last train from Roma Tiburtina station leaves at 22:01.

This is the website where you can check the train timetables:
www.fsitaliane.it.

Exiting the station in Poggio Mirteto take the left, after less than 500 hundreds meters on your right you'll see a big sign saying "BORGIO SANT'ANTONIO", there is also an unpaved road, take it and after 200 meters you'll be arrived.

If you need assistance we will come pick you up at Poggio Mirteto train station.





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What to bring?

- Your own Photo camera, video camera and laptop (if you have). We will provide tripods.
- enough clothes for 10 days – there is no washing machine in the hosting centre
- towel
- raincoat
- comfortable and waterproof shoes for the outdoor programs!
- backpack or smaller bag for your daily equipment
- your original tickets for the entire trip, the invoice of the travel agency (the price clearly indicated on the ticket), the boarding passes
- your travel insurance contract and a legible copy of it
- your ID/passport and two clearly legible copies of it
- If you're underage the Parental Consens Form signed by your parents or tutor
- your own medication
- a torch or a flashlight
- something typical about your country such as food, drinks (no alcohol) , music, traditional objects.



Documents:

- passport or other official identification
- originals BILLS and TICKETS with your name and price clearly stated
- your own insurance
- If you're underage the Parental Consens Form signed by your parents or tutor





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What are the financial conditions?

There is a travel reimbursement according to the table below.

Please pay attention to the figures and conditions. As for insurances, the European insurance E111 is valid also in Italy and all participants coming from EU country are strongly advised to bring it with them.

As for the visa costs the maximum reimbursement per person is 80€ and it will be fully reimbursed.

No extra private insurance can be reimbursed.

Very important: your tickets are a proof of your travel that we must keep and present to the ERASMUS+ Program, the main funders of the project. Therefore, if you cannot provide your original tickets and invoices clearly stating the travel agency, your name and the exact costs covered, we will not be able to reimburse you.

Italy	20€/Person
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Ireland	170€/Person
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Rep. of Macedonia	170€/Person
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Poland	170€/Person
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Hungary	170€/Person
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Czech Republic	170€/Person
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If you want to participate send your Application Form to the contact person in your country and to luca.paolisso@gmail.com.

Application deadline is March 15th 2016.

We are looking forward meeting You in Italy!

